

Quarts to Cups Conversion Table

Convert ¼-10 quarts to cups, with culinary equivalents

$$\text{cups} = \text{qt} \times 4$$

qt	cup	? equivalent
1/4	1	1 cup
1/2	2	1 pint
3/4	3	
1	4	1 quart
1 1/4	5	
1 1/2	6	
1 3/4	7	
2	8	½ gallon
2 1/2	10	
3	12	
3 1/2	14	
4	16	1 gallon
5	20	
6	24	
7	28	
8	32	2 gallons
9	36	
10	40	