

# Pounds to Stones and Pounds Conversion Table (page 1/4)

US to UK body weight reference -- 1 to 350 lb

stones = floor(lb ÷ 14). Remaining pounds = lb mod 14. 1 stone = 14 lb exactly.

| lb | st     | Stones + Pounds | Kilograms |
|----|--------|-----------------|-----------|
| 1  | 0.0714 | 1 lb            | 0.45      |
| 2  | 0.1429 | 2 lb            | 0.91      |
| 3  | 0.2143 | 3 lb            | 1.36      |
| 4  | 0.2857 | 4 lb            | 1.81      |
| 5  | 0.3571 | 5 lb            | 2.27      |
| 6  | 0.4286 | 6 lb            | 2.72      |
| 7  | 0.5000 | 7 lb            | 3.18      |
| 8  | 0.5714 | 8 lb            | 3.63      |
| 9  | 0.6429 | 9 lb            | 4.08      |
| 10 | 0.7143 | 10 lb           | 4.54      |
| 11 | 0.7857 | 11 lb           | 4.99      |
| 12 | 0.8571 | 12 lb           | 5.44      |
| 13 | 0.9286 | 13 lb           | 5.90      |
| 14 | 1.0000 | 1 st            | 6.35      |
| 15 | 1.0714 | 1 st 1 lb       | 6.80      |
| 16 | 1.1429 | 1 st 2 lb       | 7.26      |
| 17 | 1.2143 | 1 st 3 lb       | 7.71      |
| 18 | 1.2857 | 1 st 4 lb       | 8.16      |
| 19 | 1.3571 | 1 st 5 lb       | 8.62      |
| 20 | 1.4286 | 1 st 6 lb       | 9.07      |
| 21 | 1.5000 | 1 st 7 lb       | 9.53      |
| 22 | 1.5714 | 1 st 8 lb       | 9.98      |
| 23 | 1.6429 | 1 st 9 lb       | 10.43     |
| 24 | 1.7143 | 1 st 10 lb      | 10.89     |
| 25 | 1.7857 | 1 st 11 lb      | 11.34     |
| 26 | 1.8571 | 1 st 12 lb      | 11.79     |
| 27 | 1.9286 | 1 st 13 lb      | 12.25     |
| 28 | 2.0000 | 2 st            | 12.70     |
| 29 | 2.0714 | 2 st 1 lb       | 13.15     |
| 30 | 2.1429 | 2 st 2 lb       | 13.61     |

| lb | st     | Stones + Pounds | Kilograms |
|----|--------|-----------------|-----------|
| 31 | 2.2143 | 2 st 3 lb       | 14.06     |
| 32 | 2.2857 | 2 st 4 lb       | 14.51     |
| 33 | 2.3571 | 2 st 5 lb       | 14.97     |
| 34 | 2.4286 | 2 st 6 lb       | 15.42     |
| 35 | 2.5000 | 2 st 7 lb       | 15.88     |
| 36 | 2.5714 | 2 st 8 lb       | 16.33     |
| 37 | 2.6429 | 2 st 9 lb       | 16.78     |
| 38 | 2.7143 | 2 st 10 lb      | 17.24     |
| 39 | 2.7857 | 2 st 11 lb      | 17.69     |
| 40 | 2.8571 | 2 st 12 lb      | 18.14     |
| 41 | 2.9286 | 2 st 13 lb      | 18.60     |
| 42 | 3.0000 | 3 st            | 19.05     |
| 43 | 3.0714 | 3 st 1 lb       | 19.50     |
| 44 | 3.1429 | 3 st 2 lb       | 19.96     |
| 45 | 3.2143 | 3 st 3 lb       | 20.41     |
| 46 | 3.2857 | 3 st 4 lb       | 20.87     |
| 47 | 3.3571 | 3 st 5 lb       | 21.32     |
| 48 | 3.4286 | 3 st 6 lb       | 21.77     |
| 49 | 3.5000 | 3 st 7 lb       | 22.23     |
| 50 | 3.5714 | 3 st 8 lb       | 22.68     |
| 51 | 3.6429 | 3 st 9 lb       | 23.13     |
| 52 | 3.7143 | 3 st 10 lb      | 23.59     |
| 53 | 3.7857 | 3 st 11 lb      | 24.04     |
| 54 | 3.8571 | 3 st 12 lb      | 24.49     |
| 55 | 3.9286 | 3 st 13 lb      | 24.95     |
| 56 | 4.0000 | 4 st            | 25.40     |
| 57 | 4.0714 | 4 st 1 lb       | 25.85     |
| 58 | 4.1429 | 4 st 2 lb       | 26.31     |
| 59 | 4.2143 | 4 st 3 lb       | 26.76     |
| 60 | 4.2857 | 4 st 4 lb       | 27.22     |

| lb | st     | Stones + Pounds | Kilograms |
|----|--------|-----------------|-----------|
| 61 | 4.3571 | 4 st 5 lb       | 27.67     |
| 62 | 4.4286 | 4 st 6 lb       | 28.12     |
| 63 | 4.5000 | 4 st 7 lb       | 28.58     |
| 64 | 4.5714 | 4 st 8 lb       | 29.03     |
| 65 | 4.6429 | 4 st 9 lb       | 29.48     |
| 66 | 4.7143 | 4 st 10 lb      | 29.94     |
| 67 | 4.7857 | 4 st 11 lb      | 30.39     |
| 68 | 4.8571 | 4 st 12 lb      | 30.84     |
| 69 | 4.9286 | 4 st 13 lb      | 31.30     |
| 70 | 5.0000 | 5 st            | 31.75     |
| 71 | 5.0714 | 5 st 1 lb       | 32.21     |
| 72 | 5.1429 | 5 st 2 lb       | 32.66     |
| 73 | 5.2143 | 5 st 3 lb       | 33.11     |
| 74 | 5.2857 | 5 st 4 lb       | 33.57     |
| 75 | 5.3571 | 5 st 5 lb       | 34.02     |
| 76 | 5.4286 | 5 st 6 lb       | 34.47     |
| 77 | 5.5000 | 5 st 7 lb       | 34.93     |
| 78 | 5.5714 | 5 st 8 lb       | 35.38     |
| 79 | 5.6429 | 5 st 9 lb       | 35.83     |
| 80 | 5.7143 | 5 st 10 lb      | 36.29     |
| 81 | 5.7857 | 5 st 11 lb      | 36.74     |
| 82 | 5.8571 | 5 st 12 lb      | 37.19     |
| 83 | 5.9286 | 5 st 13 lb      | 37.65     |
| 84 | 6.0000 | 6 st            | 38.10     |
| 85 | 6.0714 | 6 st 1 lb       | 38.56     |
| 86 | 6.1429 | 6 st 2 lb       | 39.01     |
| 87 | 6.2143 | 6 st 3 lb       | 39.46     |
| 88 | 6.2857 | 6 st 4 lb       | 39.92     |
| 89 | 6.3571 | 6 st 5 lb       | 40.37     |
| 90 | 6.4286 | 6 st 6 lb       | 40.82     |

# Pounds to Stones and Pounds Conversion Table (page 2/4)

US to UK body weight reference -- 1 to 350 lb

stones = floor(lb ÷ 14). Remaining pounds = lb mod 14. 1 stone = 14 lb exactly.

| lb  | st     | Stones + Pounds | Kilograms |
|-----|--------|-----------------|-----------|
| 91  | 6.5000 | 6 st 7 lb       | 41.28     |
| 92  | 6.5714 | 6 st 8 lb       | 41.73     |
| 93  | 6.6429 | 6 st 9 lb       | 42.18     |
| 94  | 6.7143 | 6 st 10 lb      | 42.64     |
| 95  | 6.7857 | 6 st 11 lb      | 43.09     |
| 96  | 6.8571 | 6 st 12 lb      | 43.54     |
| 97  | 6.9286 | 6 st 13 lb      | 44.00     |
| 98  | 7.0000 | 7 st            | 44.45     |
| 99  | 7.0714 | 7 st 1 lb       | 44.91     |
| 100 | 7.1429 | 7 st 2 lb       | 45.36     |
| 101 | 7.2143 | 7 st 3 lb       | 45.81     |
| 102 | 7.2857 | 7 st 4 lb       | 46.27     |
| 103 | 7.3571 | 7 st 5 lb       | 46.72     |
| 104 | 7.4286 | 7 st 6 lb       | 47.17     |
| 105 | 7.5000 | 7 st 7 lb       | 47.63     |
| 106 | 7.5714 | 7 st 8 lb       | 48.08     |
| 107 | 7.6429 | 7 st 9 lb       | 48.53     |
| 108 | 7.7143 | 7 st 10 lb      | 48.99     |
| 109 | 7.7857 | 7 st 11 lb      | 49.44     |
| 110 | 7.8571 | 7 st 12 lb      | 49.90     |
| 111 | 7.9286 | 7 st 13 lb      | 50.35     |
| 112 | 8.0000 | 8 st            | 50.80     |
| 113 | 8.0714 | 8 st 1 lb       | 51.26     |
| 114 | 8.1429 | 8 st 2 lb       | 51.71     |
| 115 | 8.2143 | 8 st 3 lb       | 52.16     |
| 116 | 8.2857 | 8 st 4 lb       | 52.62     |
| 117 | 8.3571 | 8 st 5 lb       | 53.07     |
| 118 | 8.4286 | 8 st 6 lb       | 53.52     |
| 119 | 8.5000 | 8 st 7 lb       | 53.98     |
| 120 | 8.5714 | 8 st 8 lb       | 54.43     |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 121 | 8.6429  | 8 st 9 lb       | 54.88     |
| 122 | 8.7143  | 8 st 10 lb      | 55.34     |
| 123 | 8.7857  | 8 st 11 lb      | 55.79     |
| 124 | 8.8571  | 8 st 12 lb      | 56.25     |
| 125 | 8.9286  | 8 st 13 lb      | 56.70     |
| 126 | 9.0000  | 9 st            | 57.15     |
| 127 | 9.0714  | 9 st 1 lb       | 57.61     |
| 128 | 9.1429  | 9 st 2 lb       | 58.06     |
| 129 | 9.2143  | 9 st 3 lb       | 58.51     |
| 130 | 9.2857  | 9 st 4 lb       | 58.97     |
| 131 | 9.3571  | 9 st 5 lb       | 59.42     |
| 132 | 9.4286  | 9 st 6 lb       | 59.87     |
| 133 | 9.5000  | 9 st 7 lb       | 60.33     |
| 134 | 9.5714  | 9 st 8 lb       | 60.78     |
| 135 | 9.6429  | 9 st 9 lb       | 61.23     |
| 136 | 9.7143  | 9 st 10 lb      | 61.69     |
| 137 | 9.7857  | 9 st 11 lb      | 62.14     |
| 138 | 9.8571  | 9 st 12 lb      | 62.60     |
| 139 | 9.9286  | 9 st 13 lb      | 63.05     |
| 140 | 10.0000 | 10 st           | 63.50     |
| 141 | 10.0714 | 10 st 1 lb      | 63.96     |
| 142 | 10.1429 | 10 st 2 lb      | 64.41     |
| 143 | 10.2143 | 10 st 3 lb      | 64.86     |
| 144 | 10.2857 | 10 st 4 lb      | 65.32     |
| 145 | 10.3571 | 10 st 5 lb      | 65.77     |
| 146 | 10.4286 | 10 st 6 lb      | 66.22     |
| 147 | 10.5000 | 10 st 7 lb      | 66.68     |
| 148 | 10.5714 | 10 st 8 lb      | 67.13     |
| 149 | 10.6429 | 10 st 9 lb      | 67.59     |
| 150 | 10.7143 | 10 st 10 lb     | 68.04     |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 151 | 10.7857 | 10 st 11 lb     | 68.49     |
| 152 | 10.8571 | 10 st 12 lb     | 68.95     |
| 153 | 10.9286 | 10 st 13 lb     | 69.40     |
| 154 | 11.0000 | 11 st           | 69.85     |
| 155 | 11.0714 | 11 st 1 lb      | 70.31     |
| 156 | 11.1429 | 11 st 2 lb      | 70.76     |
| 157 | 11.2143 | 11 st 3 lb      | 71.21     |
| 158 | 11.2857 | 11 st 4 lb      | 71.67     |
| 159 | 11.3571 | 11 st 5 lb      | 72.12     |
| 160 | 11.4286 | 11 st 6 lb      | 72.57     |
| 161 | 11.5000 | 11 st 7 lb      | 73.03     |
| 162 | 11.5714 | 11 st 8 lb      | 73.48     |
| 163 | 11.6429 | 11 st 9 lb      | 73.94     |
| 164 | 11.7143 | 11 st 10 lb     | 74.39     |
| 165 | 11.7857 | 11 st 11 lb     | 74.84     |
| 166 | 11.8571 | 11 st 12 lb     | 75.30     |
| 167 | 11.9286 | 11 st 13 lb     | 75.75     |
| 168 | 12.0000 | 12 st           | 76.20     |
| 169 | 12.0714 | 12 st 1 lb      | 76.66     |
| 170 | 12.1429 | 12 st 2 lb      | 77.11     |
| 171 | 12.2143 | 12 st 3 lb      | 77.56     |
| 172 | 12.2857 | 12 st 4 lb      | 78.02     |
| 173 | 12.3571 | 12 st 5 lb      | 78.47     |
| 174 | 12.4286 | 12 st 6 lb      | 78.93     |
| 175 | 12.5000 | 12 st 7 lb      | 79.38     |
| 176 | 12.5714 | 12 st 8 lb      | 79.83     |
| 177 | 12.6429 | 12 st 9 lb      | 80.29     |
| 178 | 12.7143 | 12 st 10 lb     | 80.74     |
| 179 | 12.7857 | 12 st 11 lb     | 81.19     |
| 180 | 12.8571 | 12 st 12 lb     | 81.65     |

# Pounds to Stones and Pounds Conversion Table (page 3/4)

US to UK body weight reference -- 1 to 350 lb

stones = floor(lb ÷ 14). Remaining pounds = lb mod 14. 1 stone = 14 lb exactly.

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 181 | 12.9286 | 12 st 13 lb     | 82.10     |
| 182 | 13.0000 | 13 st           | 82.55     |
| 183 | 13.0714 | 13 st 1 lb      | 83.01     |
| 184 | 13.1429 | 13 st 2 lb      | 83.46     |
| 185 | 13.2143 | 13 st 3 lb      | 83.91     |
| 186 | 13.2857 | 13 st 4 lb      | 84.37     |
| 187 | 13.3571 | 13 st 5 lb      | 84.82     |
| 188 | 13.4286 | 13 st 6 lb      | 85.28     |
| 189 | 13.5000 | 13 st 7 lb      | 85.73     |
| 190 | 13.5714 | 13 st 8 lb      | 86.18     |
| 191 | 13.6429 | 13 st 9 lb      | 86.64     |
| 192 | 13.7143 | 13 st 10 lb     | 87.09     |
| 193 | 13.7857 | 13 st 11 lb     | 87.54     |
| 194 | 13.8571 | 13 st 12 lb     | 88.00     |
| 195 | 13.9286 | 13 st 13 lb     | 88.45     |
| 196 | 14.0000 | 14 st           | 88.90     |
| 197 | 14.0714 | 14 st 1 lb      | 89.36     |
| 198 | 14.1429 | 14 st 2 lb      | 89.81     |
| 199 | 14.2143 | 14 st 3 lb      | 90.26     |
| 200 | 14.2857 | 14 st 4 lb      | 90.72     |
| 201 | 14.3571 | 14 st 5 lb      | 91.17     |
| 202 | 14.4286 | 14 st 6 lb      | 91.63     |
| 203 | 14.5000 | 14 st 7 lb      | 92.08     |
| 204 | 14.5714 | 14 st 8 lb      | 92.53     |
| 205 | 14.6429 | 14 st 9 lb      | 92.99     |
| 206 | 14.7143 | 14 st 10 lb     | 93.44     |
| 207 | 14.7857 | 14 st 11 lb     | 93.89     |
| 208 | 14.8571 | 14 st 12 lb     | 94.35     |
| 209 | 14.9286 | 14 st 13 lb     | 94.80     |
| 210 | 15.0000 | 15 st           | 95.25     |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 211 | 15.0714 | 15 st 1 lb      | 95.71     |
| 212 | 15.1429 | 15 st 2 lb      | 96.16     |
| 213 | 15.2143 | 15 st 3 lb      | 96.62     |
| 214 | 15.2857 | 15 st 4 lb      | 97.07     |
| 215 | 15.3571 | 15 st 5 lb      | 97.52     |
| 216 | 15.4286 | 15 st 6 lb      | 97.98     |
| 217 | 15.5000 | 15 st 7 lb      | 98.43     |
| 218 | 15.5714 | 15 st 8 lb      | 98.88     |
| 219 | 15.6429 | 15 st 9 lb      | 99.34     |
| 220 | 15.7143 | 15 st 10 lb     | 99.79     |
| 221 | 15.7857 | 15 st 11 lb     | 100.24    |
| 222 | 15.8571 | 15 st 12 lb     | 100.70    |
| 223 | 15.9286 | 15 st 13 lb     | 101.15    |
| 224 | 16.0000 | 16 st           | 101.60    |
| 225 | 16.0714 | 16 st 1 lb      | 102.06    |
| 226 | 16.1429 | 16 st 2 lb      | 102.51    |
| 227 | 16.2143 | 16 st 3 lb      | 102.97    |
| 228 | 16.2857 | 16 st 4 lb      | 103.42    |
| 229 | 16.3571 | 16 st 5 lb      | 103.87    |
| 230 | 16.4286 | 16 st 6 lb      | 104.33    |
| 231 | 16.5000 | 16 st 7 lb      | 104.78    |
| 232 | 16.5714 | 16 st 8 lb      | 105.23    |
| 233 | 16.6429 | 16 st 9 lb      | 105.69    |
| 234 | 16.7143 | 16 st 10 lb     | 106.14    |
| 235 | 16.7857 | 16 st 11 lb     | 106.59    |
| 236 | 16.8571 | 16 st 12 lb     | 107.05    |
| 237 | 16.9286 | 16 st 13 lb     | 107.50    |
| 238 | 17.0000 | 17 st           | 107.95    |
| 239 | 17.0714 | 17 st 1 lb      | 108.41    |
| 240 | 17.1429 | 17 st 2 lb      | 108.86    |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 241 | 17.2143 | 17 st 3 lb      | 109.32    |
| 242 | 17.2857 | 17 st 4 lb      | 109.77    |
| 243 | 17.3571 | 17 st 5 lb      | 110.22    |
| 244 | 17.4286 | 17 st 6 lb      | 110.68    |
| 245 | 17.5000 | 17 st 7 lb      | 111.13    |
| 246 | 17.5714 | 17 st 8 lb      | 111.58    |
| 247 | 17.6429 | 17 st 9 lb      | 112.04    |
| 248 | 17.7143 | 17 st 10 lb     | 112.49    |
| 249 | 17.7857 | 17 st 11 lb     | 112.94    |
| 250 | 17.8571 | 17 st 12 lb     | 113.40    |
| 251 | 17.9286 | 17 st 13 lb     | 113.85    |
| 252 | 18.0000 | 18 st           | 114.31    |
| 253 | 18.0714 | 18 st 1 lb      | 114.76    |
| 254 | 18.1429 | 18 st 2 lb      | 115.21    |
| 255 | 18.2143 | 18 st 3 lb      | 115.67    |
| 256 | 18.2857 | 18 st 4 lb      | 116.12    |
| 257 | 18.3571 | 18 st 5 lb      | 116.57    |
| 258 | 18.4286 | 18 st 6 lb      | 117.03    |
| 259 | 18.5000 | 18 st 7 lb      | 117.48    |
| 260 | 18.5714 | 18 st 8 lb      | 117.93    |
| 261 | 18.6429 | 18 st 9 lb      | 118.39    |
| 262 | 18.7143 | 18 st 10 lb     | 118.84    |
| 263 | 18.7857 | 18 st 11 lb     | 119.29    |
| 264 | 18.8571 | 18 st 12 lb     | 119.75    |
| 265 | 18.9286 | 18 st 13 lb     | 120.20    |
| 266 | 19.0000 | 19 st           | 120.66    |
| 267 | 19.0714 | 19 st 1 lb      | 121.11    |
| 268 | 19.1429 | 19 st 2 lb      | 121.56    |
| 269 | 19.2143 | 19 st 3 lb      | 122.02    |
| 270 | 19.2857 | 19 st 4 lb      | 122.47    |

# Pounds to Stones and Pounds Conversion Table (page 4/4)

US to UK body weight reference -- 1 to 350 lb

stones = floor(lb ÷ 14). Remaining pounds = lb mod 14. 1 stone = 14 lb exactly.

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 271 | 19.3571 | 19 st 5 lb      | 122.92    |
| 272 | 19.4286 | 19 st 6 lb      | 123.38    |
| 273 | 19.5000 | 19 st 7 lb      | 123.83    |
| 274 | 19.5714 | 19 st 8 lb      | 124.28    |
| 275 | 19.6429 | 19 st 9 lb      | 124.74    |
| 276 | 19.7143 | 19 st 10 lb     | 125.19    |
| 277 | 19.7857 | 19 st 11 lb     | 125.65    |
| 278 | 19.8571 | 19 st 12 lb     | 126.10    |
| 279 | 19.9286 | 19 st 13 lb     | 126.55    |
| 280 | 20.0000 | 20 st           | 127.01    |
| 281 | 20.0714 | 20 st 1 lb      | 127.46    |
| 282 | 20.1429 | 20 st 2 lb      | 127.91    |
| 283 | 20.2143 | 20 st 3 lb      | 128.37    |
| 284 | 20.2857 | 20 st 4 lb      | 128.82    |
| 285 | 20.3571 | 20 st 5 lb      | 129.27    |
| 286 | 20.4286 | 20 st 6 lb      | 129.73    |
| 287 | 20.5000 | 20 st 7 lb      | 130.18    |
| 288 | 20.5714 | 20 st 8 lb      | 130.63    |
| 289 | 20.6429 | 20 st 9 lb      | 131.09    |
| 290 | 20.7143 | 20 st 10 lb     | 131.54    |
| 291 | 20.7857 | 20 st 11 lb     | 132.00    |
| 292 | 20.8571 | 20 st 12 lb     | 132.45    |
| 293 | 20.9286 | 20 st 13 lb     | 132.90    |
| 294 | 21.0000 | 21 st           | 133.36    |
| 295 | 21.0714 | 21 st 1 lb      | 133.81    |
| 296 | 21.1429 | 21 st 2 lb      | 134.26    |
| 297 | 21.2143 | 21 st 3 lb      | 134.72    |
| 298 | 21.2857 | 21 st 4 lb      | 135.17    |
| 299 | 21.3571 | 21 st 5 lb      | 135.62    |
| 300 | 21.4286 | 21 st 6 lb      | 136.08    |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 301 | 21.5000 | 21 st 7 lb      | 136.53    |
| 302 | 21.5714 | 21 st 8 lb      | 136.98    |
| 303 | 21.6429 | 21 st 9 lb      | 137.44    |
| 304 | 21.7143 | 21 st 10 lb     | 137.89    |
| 305 | 21.7857 | 21 st 11 lb     | 138.35    |
| 306 | 21.8571 | 21 st 12 lb     | 138.80    |
| 307 | 21.9286 | 21 st 13 lb     | 139.25    |
| 308 | 22.0000 | 22 st           | 139.71    |
| 309 | 22.0714 | 22 st 1 lb      | 140.16    |
| 310 | 22.1429 | 22 st 2 lb      | 140.61    |
| 311 | 22.2143 | 22 st 3 lb      | 141.07    |
| 312 | 22.2857 | 22 st 4 lb      | 141.52    |
| 313 | 22.3571 | 22 st 5 lb      | 141.97    |
| 314 | 22.4286 | 22 st 6 lb      | 142.43    |
| 315 | 22.5000 | 22 st 7 lb      | 142.88    |
| 316 | 22.5714 | 22 st 8 lb      | 143.34    |
| 317 | 22.6429 | 22 st 9 lb      | 143.79    |
| 318 | 22.7143 | 22 st 10 lb     | 144.24    |
| 319 | 22.7857 | 22 st 11 lb     | 144.70    |
| 320 | 22.8571 | 22 st 12 lb     | 145.15    |
| 321 | 22.9286 | 22 st 13 lb     | 145.60    |
| 322 | 23.0000 | 23 st           | 146.06    |
| 323 | 23.0714 | 23 st 1 lb      | 146.51    |
| 324 | 23.1429 | 23 st 2 lb      | 146.96    |
| 325 | 23.2143 | 23 st 3 lb      | 147.42    |
| 326 | 23.2857 | 23 st 4 lb      | 147.87    |
| 327 | 23.3571 | 23 st 5 lb      | 148.32    |
| 328 | 23.4286 | 23 st 6 lb      | 148.78    |
| 329 | 23.5000 | 23 st 7 lb      | 149.23    |
| 330 | 23.5714 | 23 st 8 lb      | 149.69    |

| lb  | st      | Stones + Pounds | Kilograms |
|-----|---------|-----------------|-----------|
| 331 | 23.6429 | 23 st 9 lb      | 150.14    |
| 332 | 23.7143 | 23 st 10 lb     | 150.59    |
| 333 | 23.7857 | 23 st 11 lb     | 151.05    |
| 334 | 23.8571 | 23 st 12 lb     | 151.50    |
| 335 | 23.9286 | 23 st 13 lb     | 151.95    |
| 336 | 24.0000 | 24 st           | 152.41    |
| 337 | 24.0714 | 24 st 1 lb      | 152.86    |
| 338 | 24.1429 | 24 st 2 lb      | 153.31    |
| 339 | 24.2143 | 24 st 3 lb      | 153.77    |
| 340 | 24.2857 | 24 st 4 lb      | 154.22    |
| 341 | 24.3571 | 24 st 5 lb      | 154.67    |
| 342 | 24.4286 | 24 st 6 lb      | 155.13    |
| 343 | 24.5000 | 24 st 7 lb      | 155.58    |
| 344 | 24.5714 | 24 st 8 lb      | 156.04    |
| 345 | 24.6429 | 24 st 9 lb      | 156.49    |
| 346 | 24.7143 | 24 st 10 lb     | 156.94    |
| 347 | 24.7857 | 24 st 11 lb     | 157.40    |
| 348 | 24.8571 | 24 st 12 lb     | 157.85    |
| 349 | 24.9286 | 24 st 13 lb     | 158.30    |
| 350 | 25.0000 | 25 st           | 158.76    |